

## CURRICULUM VITAE

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT  
3049 Spring Valley Road  
Dubuque, IA 52001  
563-513-4509  
[bradley.kruse@clarke.edu](mailto:bradley.kruse@clarke.edu)  
Doctor of Physical Therapy Program, Clarke University

**Education:**     **University of St. Augustine for Health Sciences**  
St. Augustine, FL  
May 2010 – April 2017  
Doctor of Education in Health Sciences Education April 14<sup>th</sup>, 2017

**Clarke College**  
Dubuque, IA  
July 2006 – August 2007  
Physical Therapy  
Doctor of Physical Therapy, August 15<sup>th</sup>, 2007

**St. Ambrose University**  
Davenport, IA  
August 1995 - May 1998  
Physical Therapy  
Master of Physical Therapy, May 10<sup>th</sup>, 1998

**South Dakota State University**  
Brookings, SD  
August 1991 – May 1995  
Athletic Training  
Bachelor of Science in Athletic Training, May 12<sup>th</sup>, 1995

**University of South Dakota**  
Vermillion, SD  
August 1990 – May 1991

### **Licensure Information/Registration Number:**

Physical Therapist – Iowa  
License number 02771  
Expires 12/15/2025

## **Certifications:**

Certificate in Vestibular Rehabilitation  
Vestibular PT  
Certificate date October 2023

Sports Clinical Specialist (SCS): Certification No. 6181  
American Board of Physical Therapy Specialties (ABPTS)  
Certified May 2003, Re-certified May 2013, currently completing re-certification

Certified Spine Manual Therapist (CSMT)  
Evidence in Motion/International Spine and Pain Institute  
2020

Certified Strength and Conditioning Specialist (CSCS): Certification No. 9910583  
National Strength and Conditioning Association (NSCA)  
1999 – Present

Certified in Mechanical Diagnosis and Treatment (Cert. MDT): Certification No. 1698  
The McKenzie Institute – USA  
2005

Certificate in Dry Needling (Cert. DN)  
Dry Needling Institute and American Academy of Manipulative Therapy  
2016

Certification in Selective Functional Movement Assessment (SFMA) Level I  
Functional Movement Systems  
2018

Certification in Functional Movement Screen (FMS) Level 2  
Functional Movement Systems  
2012 (Level I), 2018 (Level II)

Certified Ergonomic Assessment Specialist (CEAS)  
Back School of Atlanta  
2006

Certified Athletic Trainer: Certification No. 029802421  
National Athletic Trainers Association Board of Certification (NATABOC)  
1998-2022

## **Employment and Positions Held:**

Faculty  
Chair of Physical Therapy  
Professor  
Tenured  
Clarke University  
Dubuque, IA  
June 2024-Present

Faculty  
Chair of Physical Therapy  
Associate Professor  
Tenured  
Clarke University  
Dubuque, IA  
June 2023-June 2024

Faculty  
Interim Chair of Physical Therapy  
Associate Professor  
Tenured  
Clarke University  
Dubuque, IA  
July 2022-May 2023

Faculty  
Associate Professor  
Tenured  
Clarke University  
Dubuque, IA  
August 2018 – July 2022

Staff Physical Therapist (Part-time)  
Dubuque Physical Therapy  
March 2017-present

Faculty  
Assistant Professor  
Tenure Track, non-tenured  
Clarke University  
Dubuque, IA  
June 2011 –July 2018

Faculty  
Instructor  
Non-Tenure track  
Clarke University (Formerly Clarke College)  
Dubuque, IA  
September 2006 – May 2010

Staff Physical Therapist (Part-time)  
Mercy Medical Center- Dubuque  
September 2006-February 2017

PRN Physical Therapist  
The Finley Hospital, Dubuque, IA.  
November 2006-May 2007

Staff Physical Therapist  
Mercy Medical Center – Dyersville  
September 2004-2006

Adjunct Instructor,  
Clarke College  
Dubuque, IA  
September 2004-August 2006

Staff Physical Therapist  
Mercy Medical Center – Dubuque  
May 2002-September2004

Site Coordinator  
Mercy Rehab Services - Cascade and Monticello  
June 2000-May 2002

Staff Physical Therapist  
Mercy Rehab Services - Cascade  
June 1998-June 2000

### **Current Teaching Responsibilities in the Entry-Level Program:**

Fall

DPT 614 Musculoskeletal Examination and Intervention I  
DPT 619 Clinical Practicum  
DPT 714 Musculoskeletal Examination and Intervention III  
DPT 710 Topics in Sports Medicine  
DPT 717 Scholarly Project  
I also provide guest lectures for DPT 528 Physical Agents (dry needling), DPT 612 Pathophysiology (mechanisms of pain), DPT 712 Primary Care (Concussion Assessment and Management).

Spring

DPT 529 Clinical Practicum  
DPT 624 Musculoskeletal Examination and Intervention II  
DPT 629 Clinical Practicum  
DPT 720 Graduate Seminar  
I also provide guest lectures in DPT 526 Physical Therapy Examination and Intervention (Neurodynamics, Introduction to Musculoskeletal Examination) and I participate in the combined practical exam for DPT 518, 524 and 526.

Courses taught in prior semesters

DPT 528 Therapeutic Exercise 2009-2021  
DPT 514/ATHT 414 Functional Anatomy and Biomechanics 2004-2020  
DPT 524 Patient Care in Physical Therapy 2006-2013  
Gened 100 Transitions – Advantage (Formerly Smart Start) 2006-2012  
PT 426 Physical Therapy Examination and Intervention 2006-2009  
PT 625 Prosthetics and Orthotics 2006-2009  
PT 513 and 613 Neuromuscular Therapeutics 2006-2007  
Athletic Training Clinical Education

### **Peer Reviewed Publications:**

Zimney K, Louw A, Podolak J, Benz P, Landrus R, DeLorenzo J, Davis C, Rogers A, Cooper K, Kruse A, **Kruse B** (2019) A Randomized Controlled Trial of Different Single Pain Education Sessions in Middle School Students: Immediate Effects. *Journal of the Physiotherapy Pain Association* 2019:47, 14-24

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT

Ganesan M, Koos T, **Kruse B**, O'Dell B (2018) Dynamic Postural Instability in Individuals with High Body Mass Index. *Journal of Novel Physiotherapies* 8(2)

Mai JA, Thiele A, O'Dell B, **Kruse B**, Vaassen M, Priest A. Utilization of an Integrated Clinical Experience in a Physical Therapist Education Program. *Journal of Physical Therapy Education*. 2013; 27 (2) 25-32.

Cassady SL, Levsen M, DeBrower A, Miller A, Esters J, **Kruse B**. Cardiorespiratory Responses to Abdominal Stabilization Exercises Using a Therapeutic Exercise Ball. *Cardiopulmonary Physical Therapy Journal* 12:83-87. 2001.

### **Peer Reviewed Scientific and Professional Presentations:**

Poster Presentation at the American Physical Therapy Association's Combined Sections Meeting 2024. Boston, MA

Hiatt L, Mensen B, Kruse B, Kim J. Comparisons of Growth Mindset and Grit in 1st, 2nd, and 3rd Year DPT Students

Hiatt L, Mensen B, **Kruse B**, Kim J. Comparisons of Growth Mindset and Grit in 1st, 2nd, and 3rd Year DPT Students

Clarke University Celebration of Scholarchip  
April 10<sup>th</sup>, 2024

**Kruse B**, Mensen B, Thoracic Outlet Syndrome: Examination and Intervention.

OSF Healthcare

Peoria, IL

September, 23<sup>rd</sup>, 2023

6 hours

Poster Presentation at the American Physical Therapy Association's Combined Sections Meeting 2021. Orlando, FL, February 1-28, 2021 Virtual Conference

Thiele A, Mai J, **Kruse B**, Monat T, Hiatt L, Gosse B. A Tale of Two Times: Clinical Performance Instrument Comparisons of Summer 2019 to Summer 2020

Abstract Submitted for Poster Presentation at the American Physical Therapy Association's Combined Sections Meeting 2021. Orlando, FL

Mai J, Thiele A, **Kruse B**, Monat T, Hiatt L, Gosse B. Returning to Campus during COVID-19: Student Perceptions of a May 2020 Face-to-Face Lab Experience

Poster Presentation at the American Physical Therapy Association's PT 2019: Annual Conference. Chicago, IL (June 12-15) Fangmann L, Jansen T, Piasecki C, Ryba R, **Kruse B**, Ganesan M. Effects of Sport-Related Concussion on Balance and Gait Following a Successful Return-to-Sport Protocol.

Poster Presentation at the American Physical Therapy Association's PT 2019: Annual Conference. Chicago, IL (June 12-15) Genung R, Serres T, Anderson K, Herrig K, **Kruse**

**B, Ganesan M, O'Dell W.** Functional Movement Screening and Sports Injury Anxiety Scores in Track/Field Athletes: A Cross-Sectional Study.

Poster Presentation at the American Congress of Rehabilitation Medicine 2018. Dallas, TX (September 29-October 3, 2018) **Kruse B, Ganesan M, Koos T.** Decreased Temporal and Spatial Functional Mobility Measures in Individuals With Higher Body Mass Index.

Poster Presentation at the American Congress of Rehabilitation Medicine 2018. Dallas, TX (September 29-October 3, 2018) Ganesan M, **Kruse B, Koos T.** O'Dell W, Mai J. Dynamic Postural Instability in Individuals with High Body Mass Index.

Poster Presentation at the Iowa Physical Therapy Association's Fall Conference 2017. Des Moines, IA (October 27-28, 2017). **Kruse B.** The Effect of Preoperative Pain Neuroscience Education on Postoperative Outcomes and Perceptions of Self-Efficacy Following Total Joint Arthroplasty

Poster Presentation at the American Physical Therapy Association's PT 2013: Annual Conference and Expositions. Salt Lake City, UT (June 26-29, 2013). O'Dell B, **Kruse B, Mai JA.** Applied Therapeutic Exercise as a Teaching Method in a Physical Therapist Education Program. **Abstract:** *Phys Ther (online supplement)*. Available at: <http://apps.apta.org/custom/abstracts/pt2013/1020.html>

Poster Presentation at the American Physical Therapy Association's PT 2011: Annual Conference PT 2011. National Harbor, MD. (June 8-11, 2011) Mai JA, O'Dell WD, **Kruse BM, Thiele AH, Priest AW.** Promoting Geriatric Health and Wellness in a Self-Contained Integrated Clinical Experience Within a Physical Therapist Education Program **Abstract:** *Phys Ther (online supplement)*. Available at: <http://apps.apta.org/Custom/abstracts/pt2011/144-SI.html>

Poster Presentation at the Exercise and Physical Activity in Aging Conference (ExPAAC). Indianapolis, IN (July 29-31, 2010) Mai J, O'Dell B, **Kruse B, Priest A.** Integrating a geriatric health and wellness clinical experience into a physical therapy education program: A pro bono clinic.

### **Peer Reviewed/Invited Professional Presentations**

**Kruse B, Mensen B,** Thoracic Outlet Syndrome: Examination and Intervention.  
OSF Rehabilitation Services  
Peoria, IL  
September 23<sup>rd</sup>, 2023  
6 hours

**Kruse B,** Sport Related Concussions: Iowa Regulations and Overview of Select Clinical Assessment Tools  
Iowa Physical Therapy Foundation Issues Forum  
Iowa Physical Therapy Association Fall Conference  
October 25<sup>th</sup>, 2018  
2 hr

O'Dell B, **Kruse B,** Introduction to the Evaluation and Intervention of Temporomandibular Disorders. Iowa Physical Therapy Associations Fall Conference

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT

Des Moines, Iowa  
October 28<sup>th</sup>, 2017  
4 hr

**Kruse B**, Introduction into the Theory and Practice of Dry Needling  
Iowa Physical Therapy Association NE District meeting  
Dubuque, Iowa  
May 16, 2017  
1 hr

**Kruse B**, An Overview of Trigger Point Dry Needling  
Iowa Physical Therapy Association Student Conclave  
Des Moines, Iowa  
March 10, 2017  
1 hr

O'Dell B, **Kruse B**, Examination and Intervention for Foot and Ankle Pathology  
St. Luke's Hospital  
Cedar Rapids, Iowa  
February 25<sup>th</sup>, 2016  
8 hr

**Kruse B**, Functional Movement Assessment, and Introduction to the FMS tool  
The Monroe Clinic  
Monroe, Wisconsin  
September 25<sup>th</sup>, 2014  
3 hr

**Kruse B**, Functional Movement Assessment for the Runner  
Clarke University PT, Clarke University Track and Field and Dubuque Physical Therapy  
Running Symposium  
Dubuque, IA  
April 13<sup>th</sup>, 2014  
1 hr

**Kruse B**, Jones H, Psychosocial Aspects of Pain  
Clarke University Interdisciplinary Health Symposium  
Dubuque, IA  
February 15<sup>th</sup>, 2014  
1 hr

**Kruse B**, Glenohumeral Internal Rotation Deficit in Overhead Athletes  
Fibular Head Mobilization in the Treatment of Lateral Knee Pain  
IPTA Fall Conference  
Pearls from the Clinic  
November 2<sup>nd</sup>, 2012  
1 hr

**Kruse B**, Fibular Head Mobilization in the Treatment of Lateral Knee Pain  
IPTA Fall Conference  
Pearls from the Clinic

November 2<sup>nd</sup>, 2012

1 hr

**Kruse B**, Assessment and Management of Sport Related Concussion

Iowa Physical Therapy Foundation Symposium

IPTA Fall Conference

Sept. 29<sup>th</sup>, 2011

4 hours

O'Dell B, **Kruse B**, Priest A. Evidence Based Examination of the SI Joint

Presented at the Iowa Physical Therapy Association Fall Conference

Cedar Rapids, IA

October 20<sup>th</sup>, 2007

2 hrs

#### **Non-Peer Reviewed Publications:**

Kruse BM. Training Muscles Before Movements. CasePerformance. com. March 16, 2011. Available at <http://www.caseperformance.com/105/training-muscles-before-movements>

#### **Non-Peer Reviewed Presentations:**

**Kruse B**, Mensen M, HawkGrips University Program presented to the Doctor of Physical Therapy students at Clarke University, April 13-14, 2023

**Kruse B**, Mensen M, HawkGrips University Program presented to the Doctor of Physical Therapy students at Clarke University, April 21-22, 2022

**Kruse B**, Mensen M, HawkGrips University Program presented to the Doctor of Physical Therapy students at Clarke University, April 14-15, 2021

**Kruse B**, Presentation (Facebook Live presentation due to Covid-19): ACL Injury Reduction Strategies:, (April 21, 2020). Merge Performance Institute, Dubuque, IA.

**Kruse B**, Examination and Treatment of Sports Related Concussions

OSF Rehabilitation Services, Rockford, IL

September 30<sup>th</sup>, 2017

6 hours

**Kruse B**, Sport Related Concussions.

NE District Iowa Physical Therapy Association Meeting

April 30<sup>th</sup>, 2011

2 hours

Priest A, O'Dell B, **Kruse B**, Slover M. Impingements of the Upper Exremity,

Clarke College, Dubuque, IA

March 13<sup>th</sup>, 2010

8 hrs

Priest A, O'Dell B, Mai J, **Kruse B**, Kohr C. Clinical Update of Select Therapeutic Modalities,



Clarke College, Dubuque, IA  
March 29<sup>th</sup>, 2008  
8 hrs

**Kruse B.** Glenohumeral Internal Rotation Deficit in a 16 Year Old Pitcher  
NE District IPTA meeting  
Dubuque, IA  
February 2007  
2 hrs

O'Dell B, **Kruse B**, Priest A. Hip and Knee Degenerative Joint Disease  
Clarke College  
Dubuque, IA  
November 2006  
8 hrs

**Kruse B**, Introduction to the McKenzie Method of Mechanical Diagnosis and Therapy:  
Mercy Medical Center- Dyersville  
May 11, July 18<sup>th</sup> and Sept. 11<sup>th</sup> 2005  
6 total hours

O'Dell B, Priest A, Slover M, **Kruse B**.  
Low Back Pain Symposium  
Clarke College  
Dubuque Iowa  
January 2005  
12 hours

**Kruse B.** Training Considerations for Runners  
Mercy Medical Center – Dubuque  
June 18<sup>th</sup>, 2004  
2 hr

**Kruse B.** Strength and Conditioning for the Adolescent Athlete  
Presented at Clarke College Physical Therapy Month Forum  
October 2001  
1 hr

**Kruse B.** Speed Development in Athletics  
Presented at Clarke College Physical Therapy Month Forum  
October 2001  
1 hr

**Kruse B**, Simmons, J. Promoting Functional Stability Through Proprioception and Core Training.  
Mercy Medical Center - Dyersville  
November 27<sup>th</sup>, 2000  
3 hours

**Kruse B.** On Field Emergent Care of the Injured Athlete  
Presented at the NE District IPTA meeting

Dyersville, IA  
October 1998  
2 hours

**Funded/In Review Grant Activity:**

**Kruse B.** Lew Reed Spinal Cord Injury Grant  
Eagles Club – Dubuque  
\$3,000

**Kruse B.** Ganesan M. O’Dell Faculty Development Grant. Clarke University, Summer 2018  
To fund a project to establish validity of Equipment in the Clarke DPT research lab – Not funded

**Kruse B.** Schultz K. R.J. McElroy Student/Faculty Research Program Grant. \$2000 to support student research and purchase lab equipment and supplies for the study “Influence of Fear of Falling on Postural Instability and Gait. Submitted April 2018. Decision expected in the summer of 2018. Not funded

**Kruse B.** Faculty Development Grant. Clarke University, Summer 2017  
To fund the project “Improving Movement Analysis Skills in DPT Students”: \$500

**Kruse B.** Dubuque Eagles Club “Eyes on the Future” committee, Spring 2015 \$100 to fund classroom needs.

**Kruse B.** Faculty Development Grant. Clarke University, Summer 2014  
to cover International Spine and Pain Institute (ISPI) 2014 Clinical Conference: Pain \$500

**Kruse B.** Dubuque Racing Association (DRA), Fall 2013 \$5000 for improvements in the Physical Therapy Education program for the purchase of motion analysis software (Dartfish) and supporting hardware.

**Kruse B.** Faculty Development Grant. Clarke University, Summer 2009 for integration of technology in teaching Functional Anatomy and Biomechanics \$500

**Kruse B.** Faculty Development Grant. Clarke University, Summer 2007 for developing educational media to assist in student learning of specific orthopedic skills and techniques, \$500

**Current/Active Research Activity:**

*Effects of Dynamic Warm-Up, Aerobic Warm-Up, and a Combination on Vertical Jump Performance in Female Collegiate Volleyball Players: Data collection completed spring 2022*

*Effects of Self Mobilization Techniques on Shoulder, Thoracic, and Hip Mobility During the Overhead Squat. Data collection completed Fall 2021*

*“The effect of preoperative pain science education on postoperative outcomes and perceptions of self-efficacy following total-joint replacement” Dissertation completed March, 2017.*

*The immediate effects of two different stretches on internal rotation range of motion loss after pitching in NAIA. Data collection completed fall 2017*

**Membership in Scientific/Professional Organizations:**

American Physical Therapy Association 1995-Present  
Section on Orthopedics  
Section on Sports  
Section on Education

Iowa Physical Therapy Association 1995-Present  
IPTA Executive Committee 2011-2013  
IPTA Board of Directors 2008- 2012  
NE District Chair-2008 - 2012  
Northeast District Vice-Chair 2006-2008  
Communication Task Force 2007-2012  
Education Committee 2006-2008  
Candidate for delegate to the APTA 2006

American Council of Academic Physical Therapy 2022-present

National Strength and Conditioning Association 1997-Present

Iowa Strength and Conditioning Association 1997-Present  
State Director, Iowa Chapter of the National Strength and Conditioning Association. 2002-2005

National Athletic Trainers Association 1996-2023

Mid-America Athletic Trainers Association 1996-2023

Iowa Athletic Trainers Society 1996-2023

**Consultive and Advisory Positions Held:**

External Reviewer for faculty promotion for the University of South Dakota Physical Therapy program. 2024

Research Article Reviewer:

Clinical Outcome after Anterior Cruciate Ligament Reconstruction Using Hamstring Tendon Autograft: A Prospective Study with 6 Months Follow-up. *Journal of Sports Medicine & Doping Studies*

Review completed September, 2018

Legal Consultant

Peddicord, Wharton, Spencer, Hook, Barron & Wegman, LLP

July 2011 – September 2011

**Community Service:**

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT

Parish Member and Eucharistic Minister  
Church of the Resurrection  
Dubuque, IA

Consultant  
Merge Performance Track and Field Club  
2018-present

Fraternal Order of Eagles  
Member 2013-Present

Boy Scouts of America  
Northeast Iowa Council, Troop 94  
Assistant Scout Master 2015 – 2022

Boy Scouts of America  
Northeast Iowa Council, Pack 53  
Den Leader 2010-2014 Cubmaster 2012-2014

Coach  
Boys and Girls Club of Dubuque Basketball League  
2010 – 2018

Coach  
Dubuque Boys Basketball League  
2006-2015

Volunteer  
Kids Against Hunger  
2010-2013

Guest Speaker  
4<sup>th</sup> grade science  
Eisenhower Elementary 2010, 2012, 2014  
Prescott Elementary fall 2006-2007

**Service to the University:**

Physical Therapy Department  
Advisor - Clarke Organization of Student Physical Therapists (COSPT)  
2020-present

Physical Therapy Department  
Graduate Program Admissions Committee 2006-present  
Graduate Program Admissions Committee Chair 2022-present

Physical Therapy Department  
PT faculty search committee chair  
4 faculty searches in 2022-2023

Physical Therapy Department  
Accreditation committee 2012-present

Physical Therapy Department  
Human Body Bee  
2006-Present

Physical Therapy Department  
Clinical Education Site and Phone Visits 2006-present

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT

University Committee  
Faculty Personnel Board  
2023-present

University Committee  
Higher Learning Commission Committee  
2021-2023

University Committee  
Academic Integrity Board  
2019-present  
Co-Chair 2020-2024

University Service  
Faculty Athletics Representative (FAR)  
2017- present

University Committee  
Athletics Advisory Committee  
2013-present

University Committee  
Curriculum Assessment Committee  
2021-2024

University Committee  
Arts and Sciences Curriculum Committee  
2018-2020

New Faculty Mentor  
2019, 2020, 2021

University Task Force  
Athletics/Academics Communication  
2018-2020

University Committee  
Catholic Identity Committee  
2017- 2019

University Committee  
Assistant Football Coach Search Committee (Offensive Coordinator and  
Defensive Coordinator)  
2018

University Committee  
Head Men's Volleyball Coach Search Committee  
2015

University Committee  
Head Lacrosse Coach Search Committee  
2014

University Committee  
Dean of Graduate Studies Search Committee  
2014

University Committee  
Vice-President for Academic Affairs Search Committee  
2013

University Committee  
Athletic Training Faculty Search Committee  
2011, 2013

University Committee  
Athletic Facilities and Planning Committee

2013-15  
University Committee  
Higher Learning Commission Steering Committee  
2012-2013  
University Committee  
Higher Learning Commission Criterion III sub-committee – co-chair  
2012-2013  
University Committee  
Meneve Dunham Award Committee  
2010, 2014  
University Committee  
Assessment Committee  
2006-2009  
University Committee  
Honors Committee  
2007-2014  
University Wide Program  
Transitions Faculty  
2007 – 2012  
University Committee  
Graduate Council  
2009 – 2010 (Chair 2010)  
University Service  
IPCW, CORE and Connect

**Honors and Awards:**

**Dubuque Eagles Club “Eyes on the Future” College Teacher of the Year**  
Awarded May 2<sup>nd</sup>, 2015  
Nominated in 2017

**Continuing Education /Professional Development:**

Professional standard for Physical Therapists licensed in Iowa is 40 hour bi-annually

**Education Leadership Conference – 2023**

ACAPT ELC 2023  
Philadelphia, PA  
October 12-15  
22 hours

**Vestibular Rehab Certificate for Clinicians: Foundatiuons and Clinical Application**

Colleen Sleik, PT, DPT, NCS and Jack Cervantes PT, DPT  
Vestibular PT  
October 7-8, 2023  
Clarke University  
22 hours

**Successful Brain Based Care Session 1 and 2**

Mike Powell, DC, DACNB  
APTA Iowa  
January 18<sup>th</sup> and 25<sup>th</sup>, 2023  
6 hours

**What's Vision Got to do With It?**

Deann M Fitzgerald, OD  
APTA Iowa  
January 12<sup>th</sup>, 2023  
3 hours

**How to Help Patients Obtain a Disability Placard**

Shayla McIntyre, PT, DPT, CLT-LANA, CWT, CBIS  
APTA Iowa NE District Meeting  
January 11<sup>th</sup>, 2023  
1 hour

**Education Leadership Conference – 2022**

ACAPT ELC 2022  
Milwaukee, WI  
October 28-30  
14 hours

**Pain Neuroscience Education: Hope in the Battle with Chronic Pain**

Karmen Woelber, PT, TPS  
APTA Iowa NE District Meeting  
September 13<sup>th</sup>, 2022  
1 hour

**Regenerative Medicine**

Ryan Kruse, MD  
APTA Iowa NE District Meeting  
January 11<sup>th</sup>, 2022  
1 hour

**Concussion Treatment for Vestibular and Oculomotor Profiles**

Anne Mucha, DPT, MS, NCS and Susan Whitney, DPT, PhD, NCS, ATC, FAPTA  
Medbridge  
September 9<sup>th</sup>, 2022  
1.5 hours

**A Clinical Application of Easing Pain via Neuroplasticity**

Adriaan Louw, PT, PhD  
Medbridge  
April 4, 2022  
2.75 hours

**Foundations of Blood Flow Restriction Training**

Ed Le Cara, DC, PhD, ATC, CSCS

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT

MedBridge  
March 21, 2022  
1.25 hours

**Proposed Mechanisms of Blood Flow Restriction Training**

Ed Le Cara, DC, PhD, ATC, CSCS  
MedBridge  
March 28, 2022  
1.25 hours

**Augmenting Bone Health Using Blood Flow Restriction Training**

Ed Le Cara, DC, PhD, ATC, CSCS  
MedBridge  
March 28, 2022  
1 hour

**Correlation of Trust and Outcomes following Physical Therapy for Chronic Low Back Pain**

Kory Zimney PT, DPT, PhD  
Iowa Physical Therapy Association NW District Meeting  
April 20<sup>th</sup>, 2021  
1 hour

**Instrument Assisted Soft Tissue Mobilization Fundamentals (IASTM) –Level 1**

Jessica Fornara  
HawkGrips  
March 26, 2021  
8 hours

**Nutrition for the Physical Therapist**

Danielle Brachman, PT, DPT, OCS  
Iowa Physical Therapy Association NE District  
February 2<sup>nd</sup>, 2021  
1 hr

**Align Conference**

What's Next in Neurodynamics and Neuropathic Pain?, What's Next in Assessing and Treating the Cervical Spine?, What's Next in Pain Management?, What's Next in the Future of Rehabilitation?, Meditation and Mindfulness, What's Next in Exercise?, What's Next in Reasoning, Diagnostics and Direct Access?, Movement: Motion is Lotion, What's Next in the Opioid Epidemic: Risks of NSAIDS and How to Taper Long-Term, What's Next in Soft Tissue and Dry Needling?  
Evidence In Motion Virtual Conference  
August 28-30, 2020  
15 hours

**Spinal Manipulation**

Louie Puentedura, PT, PhD, CSMT  
Evidence in Motion/International Spine and Pain Institute

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT



Certified Spine Manual Therapist Certification Course  
Johnston Physical Therapy, Johnston, IA  
August 1-2, 2020  
8 hours

**Camp Operation Online Learning:**

Online Learning Toolkit (OLT)  
Judith Dutill, Melissa Wehler  
July 6-August 14  
12 hours

**Lower Quarter Virtual Rounds – ISPI CSMT 6171**

Sherrie Gula, PT, CSMT  
Evidence in Motion/International Spine and Pain Institute  
Certified Spine Manual Therapist Certification Course  
Online Date: March 30- April 24, 2020  
7 hours

**Upper Quarter Virtual Rounds – ISPI CSMT 6170**

Debbie Rico, PT, CSMT  
Evidence in Motion/International Spine and Pain Institute  
Certified Spine Manual Therapist Certification Course  
Online Date: March 2- March 22, 2020  
7 hours

**Neurodynamics II – ISPI CSMT 6151B**

Brett Nielson PT, DPT, OCS, FAAOMPT  
Evidence in Motion/International Spine and Pain Institute  
Certified Spine Manual Therapist Certification Course  
Online Date: March 16 – April 4, 2020  
7 hours

**Neurodynamics I – ISPI CSMT 6151A**

Brett Nielson PT, DPT, OCS, FAAOMPT  
Evidence in Motion/International Spine and Pain Institute  
Certified Spine Manual Therapist Certification Course  
Online Date: February 24 – March 14, 2020  
7 hours

**Therapeutic Neuroscience Education ISPI-TPS 6410**

Adriaan Louw, PT, PhD, CSMT  
Evidence in Motion/International Spine and Pain Institute  
Certified Spine Manual Therapist Certification Course  
Online Date: January 13 – February 22, 2020  
29 hours

**Spinal Manual Therapy CSMT 6170 WI**

Brian Freund, DPT, CSMT, TPS, MBA  
Evidence in Motion/International Spine and Pain Institute

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT

Certified Spine Manual Therapist Certification Course  
Online and Onsite, Des Moines University, Des Moines, IA  
August 1 – December 8 2019  
61.5 hours

**Introduction to Manual Therapy: Clinical Reasoning and Pain Science**

Adriaan Louw, PT, PhD, CSMT  
EIM/ISPI  
July 8-August 3  
7 hours

**Exertional Heat Illness**

Susan Yeargin, PhD, ATC  
Medbridge Education  
August 7, 2019  
4.5 hours

**Emergency Management: Musculoskeletal Injuries**

Danny Smith PT, DHSc, OCS, SCS, ATC  
Medbridge Education  
June 26, 2019  
1 hour

**Emergency Management: Athlete Care, Spinal, and Visceral Injuries**

Danny Smith PT, DHSc, OCS, SCS, ATC  
Medbridge Education  
June 28, 2019  
1.75 hours

**Emergency Management: Shock, Soft Tissue Injuries, Sickle Cell, and Sudden Cardiac Death**

Danny Smith PT, DHSc, OCS, SCS, ATC  
Medbridge Education  
June 28, 2019  
1.5 hours

**Emergency Management: Environmental Considerations and Hydration**

Danny Smith PT, DHSc, OCS, SCS, ATC  
Medbridge Education  
June 28, 2019  
1.5 hours

**Protective Equipment in Sports**

Danny Smith PT, DHSc, OCS, SCS, ATC  
Medbridge Education  
June 28, 2019  
2.5 hours

**Advanced Credentialed Clinical Instructor Program**

Lynn Frank & Alecia Thiele  
Clarke University, Dubuque IA

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT

June 24-25, 2019  
17 hours

**Professionalism Module 1: Introduction to Professionalism**

American Physical Therapy Association Learning Center  
June 11, 2019  
2 hours

**Professionalism Module 2: History of Professionalism in Physical Therapy**

American Physical Therapy Association Learning Center  
June 13, 2019  
2 hours

**Professionalism Module 3: Ethical Compass**

American Physical Therapy Association Learning Center  
June 13, 2019  
3 hours

**Clinical Gait Assessment**

Jay Dicharry, MPT, SCS  
Medbridge Education  
March 27, 2019  
1.5 hours

**The Running Athlete: Part A – Biomechanics and Analysis**

Matthew Walsh, PT  
Medbridge Education  
March 27, 2019  
5 hours

**Physical Therapy Management of Concussion**

Academy of Orthopedic Physical Therapy  
February 18, 2019  
15 hours

**Teaching Patients About Pain: An Introduction to Pain Neuroscience Education  
and The Business of Chronic Pain: Strategies for Success**

Dr. Anne Kruse  
UnityPoint Health  
Des Moines, IA  
February 2, 2019  
6.5 hours

**NE District IPTA**

**Approaches to THA with Emphasis on Direct Anteriors**

Dr. Trumm MD, DPT  
Clarke University  
Dubuque, IA  
December 4, 2018  
1 hr

**An Evening of Graduate Student Scholarly Presentations**

Clarke University

Dubuque, IA

December 3, 2018

2 hrs

**Iowa Physical Therapy Association Fall Conference**

A Pain Science Approach to Headaches, A Pain Science Approach to Whiplash,  
Perioperative Neuroscience Education, The Business of Chronic Pain

Anne Kruse, DPT, TPS

International Spine and Pain Institute

October 25<sup>th</sup>, 2018

13 hrs

**Sport Related Concussions: Iowa Regulations and Overview of Select Clinical Assessment Tools**

Bradley Kruse, DPT, EdD, SCS, ATC

Iowa Physical Therapy Foundation Issues Forum

Iowa Physical Therapy Association Fall Conference

October 25<sup>th</sup>, 2018

4 hrs (presenter)

**American Congress of Rehabilitation Medicine (ACRM)**

**ACRM 95<sup>th</sup> Annual Conference**

Dallas, Tx

Sept30-Oct 3, 2018

Balance Impairments in Neurologic Disorders and Concussions, Brain Health, Chronic Pain in the VA, Complex Regional Pain Syndrome, Fit Body Fit Mind: Exercise the Key, Multidisciplinary Treatment of Chronic Pain, Implementation of the Personal Health Inventory in an OP Rehab Setting, Sports Psychology, Sports Vision Training, Teaching Kitchens

11.25 hours

**Selective Functional Movement Assessment (SFMA)**

Behnad Honarbakhsh

Des Plaines, IL

May 11-12, 2018

15 hours

**Selective Functional Movement Assessment (SFMA)**

Online Pre-requisite

May 6<sup>th</sup>, 2018

5.75 hours

**National Strength and Conditioning Association 2018 Iowa State Clinic**

Cedar Falls, IA

April 7, 2018

8 hours

**The Neuroscience of Sprains, Strains, Pain and Sports Performance**

Adriaan Louw PT, PhD, CSMT

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT

Medbridge Education  
December 13, 2017  
2.5 hrs

**Teaching People about Pain**  
Adriaan Louw PT, PhD, CSMT  
Medbridge Education  
December 13, 2017  
4.75 hrs

**Rehabilitation of the Overhead Throwing Athlete**  
Lenny Macrina, PT, SCS, CSCS  
Medbridge Education  
December 13, 2017  
3.25 hrs

**Rotator Cuff and Labral Pathology: Presentation and Postoperative Rehabilitation**  
Lenny Macrina, PT, SCS, CSCS  
Medbridge Education  
December 11, 2017  
3.75 hrs

**Glenohumeral Joint Biomechanics and Rehabilitation Implementation**  
Lenny Macrina, PT, SCS, CSCS  
Medbridge Education  
December 11, 2017  
3hrs

**An Evening of Graduate Student Scholarly Presentations**  
Clarke University  
Dubuque, IA  
December 5, 2017  
2 hrs

**Active Rehabilitation for Concussion Management**  
Iowa Physical Therapy Association Fall Conference  
Des Moines, IA  
October 27, 2017  
2 hrs

**Assessing Pain Sensitivity – What Can It Tell Us**  
Iowa Physical Therapy Association Fall Conference  
Des Moines, IA  
October 27, 2017  
2 hrs

**Beneficial Physical Therapy Interventions for Parkinson's Disease**  
Iowa Physical Therapy Association Fall Conference  
Des Moines, IA  
October 27, 2017  
2 hrs

**Functional Movement Systems: Y Balance Screen**

Online Certification Course  
Functional Movement Systems  
September 6<sup>th</sup>, 2017

**EDF 7903 Dissertation IV**

University of St. Augustine for Health Sciences  
Cindy Mathena, OTR, PhD  
Eric Oestmann, PT, PhD  
December 2016-April 2017  
Credit Hours – 3

**PT Pearls: Radiology and Telerehabilitation**

Robert Berg, MD and Donald Hayes, PT  
Iowa Physical Therapy Association Fall Conference  
Des Moines, IA  
March 11<sup>th</sup> 2017  
6 hours

**EDF 7903 Dissertation III**

University of St. Augustine for Health Sciences  
Betina Malhotra, PhD  
Eric Oestmann, PT, PhD  
August-December 2016  
Credit Hours – 3

**Mechanical Properties of Musculoskeletal Tissues: Implications for Intervention**

Michael T. Gross, PT, PhD, FAPTA  
Iowa Physical Therapy Association Fall Conference  
Des Moines, IA  
October 28<sup>th</sup> and 29<sup>th</sup>, 2016  
12 hours

**Mulligan Concept: Lower Quarter**

Rick Crowell, PT, MCTA  
Clarke University  
Dubuque, IA  
September 17<sup>th</sup> & 18<sup>th</sup>, 2016  
13 hours

**DN-2: Dry Needling for Lumbopelvic & Lower Extremity Conditions: An Evidence-Based Approach**

James Dunning, PT, DPT, MSPT, OCS, MScManip Ther, FAAOMPT, MMACP (UK)  
Milwaukee, WI  
August 12-14, 2016  
27 hours

**DN-1: Dry Needling for Craniofacial, Cervicothoracic, and UE Conditions: an Evidence Based Approach.**

James Dunning, PT, DPT, MSPT, OCS, MScManip Ther, FAAOMPT, MMACP (UK)  
Minneapolis, MN

April 8-10, 2016  
27 hours

**EDF 7902 Dissertation II**

University of St. Augustine for Health Sciences  
Betina Malhotra, PhD  
Eric Oestmann, PT, PhD  
January-August 2016  
Credit Hours – 3

**Evidence-Based Examination of the Knee and Thigh**

Eric Hegedus, PT, DPT, MHSc, OCS, CSCS  
Medbridge Education  
December 7-8, 2015  
6.5 hours

**Evidence-Based Examination and Treatment of the Pelvis**

Alexis Wright, PT, PhD, DPT, FAAOMPT  
Medbridge Education  
December 7<sup>th</sup>, 2015  
2.75 hours

**Spinal Manipulation I: A Physical Therapy Approach**

Louie Puentedura, PT, DPT, PhD, OCS, GDMT, CSMT  
International Spine and Pain Institute  
Story City, IA  
December 5-6, 2015  
15 hours

**Evidence-Based Treatment of the Foot and Ankle**

Alexis Wright, PT, PhD, DPT, FAAOMPT  
Medbridge Education  
December 3<sup>rd</sup>, 2015  
4 hours

**An Evening of Graduate Student Scholarly Presentations**

Clarke University  
November 30<sup>th</sup>, 2015  
2 hours

**Interventions for the Foot and Ankle That Don't Stink: Evidence and Hands-on Application**

Shane McClinton PT, DPT  
Iowa Physical Therapy Association Fall Conference  
Ames, IA  
November 7<sup>th</sup>, 2015  
6 hours

**Trigger Point Dry Needling (TDN) Overview for Physical Therapists**

Jennifer Jeschke, PT, DPT  
Iowa Physical Therapy Association Fall Conference Ames, IA  
November 6<sup>th</sup>, 2015

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT

6 hours

**EDF 7901 Dissertation I**

University of St. Augustine for Health Sciences  
Dan Lofald, PhD & Betina Malhotra, PhD  
June-December 2015  
Credit Hours – 3

**A Therapeutic Treatment Approach to Cervicogenic Headaches**

Adriann Louw, PT, PhD, CSMT  
Iowa Physical Therapy Association Spring Conference  
Ames, IA  
April 24<sup>th</sup>, 2015  
6 hours

**Too Hot to Handle: Desensitizing the Hypersensitive Patient.**

Adriann Louw, PT, PhD, CSMT  
Iowa Physical Therapy Association Spring Conference  
Ames, IA  
April 25<sup>th</sup>, 2015  
6 hours

**Running**

Sports Physical Therapy Sections's Home Study Course  
January 12<sup>th</sup>, 2015  
40 hours

**EDF 7 100 Oral and Written Comprehensive Exam**

University of St. Augustine for Health Sciences  
Dan Lofald, PhD  
November 2014  
Credit Hours – 3

**Mulligan Concept: Upper Quarter**

Rick Crowell, PT, MCTA  
Clarke University/Finley Hospital  
Dubuque, IA  
October 4<sup>th</sup> & 5<sup>th</sup>, 2014  
14 hours

**International Spine and Pain Institute 2014 Clinical Conference: Pain**

Minneapolis, MN  
June 20-22, 2014  
13.5 hours

**EDF 7460 Independent Study III**

University of St. Augustine for Health Sciences  
Dan Lofald, PhD  
January – May, 2014  
Credit Hours - 2



**Why Do I Hurt?**

St. Ambrose University/International Spine and Pain Institute  
Davenport, IA  
May 13<sup>th</sup>, 2014  
2 hours

**Clarke University PT, Clarke University Track and Field and Dubuque Physical Therapy Running Symposium**

Clarke University  
Dubuque, IA  
April 13<sup>th</sup>, 2014  
6 hours

**Interprofessional Health Symposium: Know Pain or No Gain**

Clarke University, Dubuque IA  
February 15, 2014  
6 hours

**Combined Sections Meeting (CSM)**

American Physical Therapy Association  
February 3-6, 2014  
Las Vegas, NV  
Taking the Run Out of Running – Cross Training for Fitness for the Runner – 2hrs  
Running Injuries from Youth to the Collegiate Athlete – 2 hrs  
Pearls for the Tough Ones: Manual and Exercise Techniques – 2 hours  
Foot and Ankle Content in PT Education – 2 hrs  
Classification of Shoulder Disorders in the ICF-Based Clinical Practice Guideline – 2 hours  
10 hours total

**Graston Technique M1-Basic Training in the Graston Technique**

Mike Ploski PT, ATC, OCS  
Mercy Medical Center – Dubuque  
January 11-12, 2014  
12 Hours

**Neurodynamic Examination and Intervention for Individuals with Upper Extremity Dysfunction**

Brian Schlattmann PT, DPT, OCS, CSCS, CSMT  
IPTA Fall Conference  
Ames, IA  
October 19<sup>th</sup>, 2013  
6 hours

**The Thoracic Spine: A Clinical Update**

Brian Schlattmann PT, DPT, OCS, CSCS, CSMT  
IPTA Fall Conference  
Ames, IA  
October 18<sup>th</sup>, 2013

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT

6 hours

**Functional Outcomes for all Practices, Update on Payment and Advocacy,  
Licensure Updates**

Randy Bolt, PT, Steve Cassabaum DPT, Eric Sacia PT, OCS, Todd Kersten PT, OCS  
Iowa Physical Therapy Foundation Issues Forum

Ames, IA

October 17<sup>th</sup>, 2013

3.5 hours

**Screening for Medical Disorders**

William Boissonnault, PT, DHSc

APTA Learning Center

August 28<sup>th</sup>, 2013

10 hours

**How to Effectively Use and Interpret Computerized Neurocognitive testing: Case  
Studies from Certified Athletic Trainers**

Peter Entwistle PhD, Brian Coley ATC, Tim McLane ATC

Pearson Assessments Division

May 29<sup>th</sup>, 2013

1 hour

**Clarke University Graduate Student Research Presentations**

Clarke College

Dubuque, IA

May 08<sup>th</sup>, 2013

2 hr

**EDF 7180 Technology in Higher Education**

Nelson Marquez, EdD, PT

January – May, 2013

Credit Hours – 3

**Functional Movement Screening (FMS) and Corrective Exercise Level I and II**

Jason Green

November 9<sup>th</sup>-11<sup>th</sup>, 2012

Minneapolis, MN

20 hrs.

**EDF 7100 Teaching Online**

Dan Lofald, PhD

October 1<sup>st</sup>-30<sup>th</sup> 2012

Credit Hours – 1

**Mandatory Reporter of Child and Dependent Adult Abuse**

Marie Duster, OTR/L

Mercy Medical Center

Dubuque, IA

August 28<sup>th</sup>, 2012

3 hr

Bradley M. Kruse PT, DPT, EdD, SCS, CSCS, CSMT, Cert. DN, Cert. MDT

**EDF 7190 Current Issues in Health Sciences Education**

Cindy Mathena, PhD, OTR/L

January 30-April 14, 2012

Credit Hours – 3

**EDF 7170 Motivational Theory in Health Sciences Education**

Dan Lofald, PhD

May 30-August 14<sup>th</sup>, 2012

Credit Hours - 3

**Musculoskeletal Imaging for Physical Therapists**

Robert Berg, MD

Accelerated Rehab – IPTA District Meeting

Clear Lake, IA

May 15<sup>th</sup> 2012

1 hr

**Clarke University Graduate Student Research Presentations**

Clarke College

Dubuque, IA

May 09<sup>th</sup>, 2012

2 hr

**Assessment and Management of Sport Related Concussions**

Brad Kruse, DPT, OCS, SCS, ATC, CSCS (presenter)

Iowa Physical Therapy Foundation Symposium

IPTA Fall Conference – Ames, IA

September 29<sup>th</sup>, 2011

8 hours

**Sport Related Concussions**

Brad Kruse, DPT, OCS, SCS, ATC, CSCS (presenter)

Waverly Health Center – IPTA District Meeting

Waverly, IA

March 6<sup>th</sup>, 2012

4 hrs

**Combined Sections Meeting (CSM)**

American Physical Therapy Association

February 8-11, 2012

Chicago, IL

TJM for the Cervical Spine – 2hrs

Manual Therapy: How Does it Work – 2 hrs

How to Do Research in a Small Teaching College – 2 hours

Sport-Specific rehabilitation Considerations for the Athletic Shoulder – 2 hrs

Managing LBP in a Direct Access Setting – 2 hours

Maximizing Patient Motivation – 2 hours

Running Mechanics Analysis: From the Lab to the Clinic – 2 hours

18 hours total

**Self-Study Workshop**

American Physical Therapy Association

Chicago, IL

February 7-8<sup>th</sup>, 2012

13 hrs