

EDUCATION

Doctor of Physical Therapy

Clarke University, Dubuque, IA

Degree Conferred: May 2016

Bachelor of Arts in Biology, *summa cum laude*

Clarke University, Dubuque, IA

Degree Conferred: May 2014

LICENSURE/CERTIFICATIONS

Board Certified Women's Health Specialist in Physical Therapy, ABPTS 2019-2029

Licensed Physical Therapist

Iowa, No. 087421

Wisconsin, No. 13900

Texas, No. 1279813

Certified Clinical Instructor

EMPLOYMENT

Clarke University, Dubuque, IA: Assistant Professor of Physical Therapy & Assistant
Director of Clinical Education August 2019-Present

Medical Associates, Dubuque, IA; Staff physical therapist; June 2017-present

ALCOVE Education, Austin, TX; Instructor and course author; 2018-present

Sullivan Physical Therapy, Austin, TX; staff physical therapist, June 2016-May 2017

ASSOCIATIONS/ ORGANIZATION MEMBERSHIPS

American Physical Therapy Association (APTA)

Section Member - Academy of Pelvic Health Practitioners; Academy of Physical
Therapy Education

International Society for the Study of Women's Sexual Health (ISSWSH)

International Pelvic Pain Society (IPPS)

International Society of Sexual Medicine (ISSM)

World Endometriosis Society (WES)

TEACHING ENGAGEMENTS

Pacifying Pain in Pregnancy, ALCOVE Education, Houston, TX, February 2019

Body Basics for Pregnancy and Postpartum, Medical Associates Clinic, Dubuque, IA,
October 2018

Pelvic Floor Anatomy, Function, and Evaluation, Advanced Specialty in Women's
Health, Clarke University, Fall 2018

Pelvic Pain and Sexual Dysfunction, Advanced Specialty in Women's Health, Clarke
University, Fall 2018

Case Studies and Introductory Lab Skills, Advanced Specialty in Women's Health,
Clarke University, Fall 2018

Pacifying Pain in Pregnancy, ALCOVE Education, March 2018

Pelvic Floor Anatomy, Function, and Evaluation, Advanced Specialty in Women's
Health, Clarke University, Fall 2017

Pelvic Pain and Sexual Dysfunction, Advanced Specialty in Women's Health, Clarke
University, Fall 2017

Interdisciplinary Collaboration and Addressing the Complex Patient, Advanced Specialty
in Women's Health, Clarke University, Fall 2017

Education and instruction to physicians on assessment of patients with pelvic pain,
Austin, TX, 2016

What is Pelvic Floor PT: Q & A, Advanced Specialty in Women's Health, Clarke
University, Fall 2016 (Skype session)

Skills for Evaluation of the Pelvic Floor, Co-instructional video creation with Mimi
Vaassen, Clarke University, Summer 2016

Teaching Assistant, Gross Anatomy Lab and Lecture, Clarke University, Fall 2015

Teaching Assistant, Human Anatomy and Physiology, Clarke University, 2011-2014

CLINICAL ROTATIONS/CLINICAL & SURGICAL OBSERVATIONS

John Dolehide M.D., Urology, Dubuque, IA, Prostatectomy Procedure, 2018

Laura Neal M.D., Gynecology, Dubuque, IA, Clinical Observation, 2017
Margaret Mulderig M.D., Physical Medicine, Dubuque, IA, Injection Observation, 2017
Matthew Kaplan D.O., Pain Management, Austin, TX, Clinic & Injection Observation, 2016
Mark White D.O., Pain Management, Austin, TX, Fluoroscopic-guided Injection Observation, 2016
Miranda Hardee M.D., Urology, Austin, TX, Clinical Observation, 2016
Eric Gieseler M.D., Urology, Austin, TX, Clinical Observation, 2016
St John's Medical Center, Westlake, OH, 8-week Clinical Rotation, Outpatient Neuro, 2016
Sullivan Physical Therapy, Austin, TX, 8-week Clinical Rotation, Pelvic Health, 2016
Center for Neurosciences, Orthopaedics, and Spine, Dakota Dunes, SD, Outpatient Orthopedics, 2015
Winneshiek Medical Center, Decorah, IA, 4-week Clinical Rotation, Inpatient/Outpatient Vestibular and Wound Care, 2015
Sartori Hospital, Cedar Falls, IA, 8-week Clinical Rotation, Inpatient Rehabilitation, 2015

PUBLICATIONS (non-peer reviewed):

Gosse B. Pelvic Health During Pregnancy and Post Partum. *Treating You Well*. June 2018. www.treatingyouwell.com .

Gosse B. Urinary Incontinence: Common but not Normal. *Treating You Well*. February 2018. www.treatingyouwell.com .

Gosse B. Men Need Pelvic Health, Too. *Treating You Well*. January 2018. www.treatingyouwell.com .

Gosse B. What Is Pelvic Floor Physical Therapy? *HER Magazine*. January 2018.

Gosse B. What is a Kegel? Are they right for you?. *Treating You Well*. December 2017. www.treatingyouwell.com .

Gosse B. Mythbusters: Pelvic Floor Therapy. *Treating You Well*. November 2017. www.treatingyouwell.com .

Gosse B. What is Pelvic Health and how can I Benefit From It. *Treating You Well*. October 2017. www.treatingyouwell.com .

Gosse B. Illuminating the Iceberg Below the Surface: Endometriosis. World Endometriosis Society. <http://endometriosis.ca/news/article/illuminating-the-iceberg-below-the-surface-endometriosis/>. Published November 2017.

Gosse B. Strong and Mobile Scars. *Sullivan Physical Therapy*. March 2016. blog.sullivanphysicaltherapy.com.

HONORS & AWARDS

Distinguished Graduate of Physical Therapy, Clarke University, 2016
Francis J O'Connor Memorial Award, Clarke University, 2014
Who's Who Among Students in American Colleges and Universities, 2013
Dorothy Day Service Award, Clarke University, 2012 and 2013
Sister Maryann Pauline Brasser Science Award, Clarke University, 2013
Joan Keleher Doyle, BVM Award, Clarke University, 2013
Bernie Saggau Award, Independence High School, 2009

COMMUNITY INVOLVEMENT/SERVICE

Church Council, Immanuel Lutheran, 2019
Case Reviewer for 3rd Year Clarke University DPT Students, Fall 2017 and 2018
Photographer, Immanuel Lutheran Church, Vacation Bible School, 2018
Clarke University Hot Seat Presenter, Fall 2017
Tuckpointer, Clarke University, 2011, 2012, 2013
Clarke University Into the Streets, Fall and Spring Semesters, 2011-2015

LEADERSHIP ROLES

Clarke Organization of Student Physical Therapist (COSPT), President, 2014-2015
Clarke University DPT Class of 2016 Class Representative, 2013-2016
Antioch Retreat, Leader, 2012 and 2015
Antioch Retreat, Assistant Leader, 2011 and 2014
CONNECT Coordinator, Clarke University, 2013

Clarke Leading Environmental Action Now (C.L.E.A.N), President, 2012-2013

CONFERENCE ATTENDANCE

All Iowa Pelvic Floor Physical Therapist Day, Iowa City, IA March 2019

Combined Sections Meeting, Washington D.C., January 2019

All Iowa Pelvic Floor Physical Therapist Day, Des Moines, IA, March 2018

Combined Sections Meeting, New Orleans, LA, February 2018

International Pelvic Pain Society Annual Meeting, Washington D.C., October 2017

Combined Sections Meeting, San Antonio, TX, February 2017

APTA, Combined Sections Meeting, Indianapolis, IN, February 2015

Iowa Student Conclave, Des Moines, IA, 2014

CONTINUING EDUCATION

Breast Cancer Survivorship, Medbridge Inc., 2019

Rehabilitation of the Post-Operative Breast Cancer Patient: Special Considerations,
Medbridge Inc., 2019

Pediatric Pelvic Floor Rehabilitation: evaluation and Treatment of Common Conditions,
Medbridge Inc., 2019

Pediatric Pelvic Floor Rehabilitations: Terminology, Conditions, & Diagnoses,
Medbridge Inc., 2019

Cancer Rehabilitation, Medbridge Inc., 2019

Fundamentals of Lymphology and Lymphedema Diagnosis, Medbridge Inc., 2019

Study Strategies for Standardized Physical Therapy Examinations, Medbridge Inc., 2019

The Pelvic Floor: Level 2B, Herman and Wallace, 2018

Pediatric Pelvic Floor, Tara Rudolphi, Clarke University, 2018

Understanding Prolapse, Medbridge Inc., 2018

Introduction TO Caring for the Pregnant Patient, Medbridge Inc., 2018

Clinical Principles of Pharmacology, Medbridge Inc., 2018

How to Treat a Man in Pain, Alcove Education, LLC., 2017

Biomechanics of the Shoulder, Medbridge Inc., 2017

Abdominal and Genitourinary Injuries for the Sports Therapist, Medbridge Inc., 2017

The Female Athlete Triad, Medbridge Inc., 2017

Lumbar Spine: Athletic Low Back Pain, Medbridge Inc., 2017

Regional Review of Musculoskeletal Systems: Lumbar Spine, Abdomen, and Pelvis, Medbridge Inc., 2017

The Hip: Assessment of Hip Injuries in Athletes, Medbridge Inc., 2017

Clinical Examination of the Runner: Assessment, Testing, Gait Correlations and Corrections, Medbridge Inc., 2017

Regional Review of Musculoskeletal Systems: Lumbar Spine, Abdomen, and Pelvis, Medbridge Inc., 2017

Medical Therapeutic Yoga: Part B, Medbridge Inc., 2017

Vestibulodynia: A pelvic floor and orthopedic approach, Alcove Education, LLC., 2016

Medical Therapeutic Yoga: Part A, Medbridge Inc., 2016

Pelvic Floor: The Functional Approach, Medbridge Inc., 2016

Introduction to Female and Male Pelvic Pain, Medbridge Inc., 2016

Cancer Rehabilitation, Medbridge Inc., 2016

Chronic Pain and the Challenging Patient: Part B, Medbridge Inc., 2016

Chronic Pain and the Challenging Patient: Part A, Medbridge Inc., 2016

Functional Applications in Pelvic Rehabilitation: Part B, Medbridge Inc., 2016

Functional Applications in Pelvic Rehabilitation: Part A, Medbridge Inc., 2016

The Diaphragm and Pelvic Floor Piston for Adult Population- Part I, Julie Wiebe, Clarke University, 2015

The Diaphragm and Our Internal Pressure System, Julie Wiebe (online), 2015

The Anatomy of the Pelvic Floor, Medbridge Inc., 2015