

MY SMART STEPS TO INTERCULTURAL SENSITIVITY

AWARENESS

Admit that my way of perceiving the world is **not universal**. Discover and accept my culture as a necessity to understand and learn with others.



DEPOLARIZE

Withhold judgment when I encounter what I consider “improper” verbal and non-verbal behavior and attempt to discern what is attributable to cultural traits and values.



GRASP IMPORTANCE

Recognize and admit that an initial reaction to cultural difference may be defensive, denigrating or implying my culture is superior. Reflect on what makes differing cultural traits **valuable to others**.



EXPLORE

Commit myself to understand a given situation not only from my point of view **but also from the cultural word view of the other**. Actively seek opportunities (read, listen) to interact with cross-cultural knowledge and enhance my relations with others.

EMPATHIZE

Value and recognize difference by understanding multiple perspectives, **fluidly holding membership** and competency interculturally.



RECOGNIZE THAT THIS IS AN ONGOING PROCESS!
ALWAYS BE OPEN TO LEARN AND RE-LEARN!