

# Rise Up Strong

Flex Band

Amy Dunker

*Batuta*  
Press



Notes:

“Rise Up Strong” was made possible by an “American Rescue Plan Grant” from the National Endowment for the Arts, the Iowa Arts Council and Clarke University for a work that is a creative response to the COVID-19 Pandemic. The opens and closes with a triumphal fanfare and has a reflective middle section.

IOWA DEPARTMENT OF  
**CULTURAL AFFAIRS**



Duration: 2:30

Instrumentation:

Part 1	Flute Oboe Marimba
Part 2	Flute Bb Clarinet
Part 3	Bb Clarinet Eb Alto Saxophone Bb Trumpet
Part 4	Bb Clarinet Eb Alto Saxophone Bb Trumpet
Part 5	Bb Bass Clarinet Bassoon Bb Tenor Saxophone Eb Bari Saxophone Horn in F Trombone Euphonium Tuba

Snare Drum

Bass Drum



# Rise Up Strong

Amy Dunker

$\text{♩} = 108$

Part 1  
(Flute, Oboe,  
Marimba)

Part 2  
(Flute,  
Bb Clarinet)

Part 3  
(Bb Clarinet,  
Eb Alto Sax  
Bb Trumpet)

Part 4  
(Bb Clarinet,  
Eb Alto Saxophone,  
Bb Trumpet)

Part 5  
(Bb Bass Clarinet, Bassoon  
Bb Tenor Saxophone,  
Eb Baritone Sasophone,  
Horn in F, Trombone,  
Euphonium, Tuba)

Perc. 1  
Snare Drum  
Bass Drum

Perc. 2



A

Part 1  
(Flute, Oboe,  
Marimba)

Part 2  
(Flute,  
Bb Clarinet)

Part 3  
(Bb Clarinet,  
Eb Alto Sax  
Bb Trumpet)

Part 4  
(Bb Clarinet,  
Eb Alto Saxophone,  
Bb Trumpet)

Part 5  
(Bb Bass Clarinet, Bassoon  
Bb Tenor Saxophone,  
Eb Baritone Sasophone,  
Horn in F, Trombone,  
Euphonium, Tuba)

Perc. 1

Perc. 2

*ff*

*f*

*ff*

*ff*

*ff*

*f*

12

12



Rise Up Strong

**B**

19

Part 1  
(Flute, Oboe,  
Marimba)

Part 2  
(Flute,  
Bb Clarinet)

Part 3  
(Bb Clarinet,  
Eb Alto Sax  
Bb Trumpet)

Part 4  
(Bb Clarinet,  
Eb Alto Saxophone,  
Bb Trumpet)

Part 5  
(Bb Bass Clarinet, Bassoon  
Bb Tenor Saxophone,  
Eb Baritone Sasophone,  
Horn in F, Trombone,  
Euphonium, Tuba)

Perc. 1

Perc. 2

*ff* *f* *mf* *mf* *ff* *f* *ff*

Rise Up Strong

**C** **D**

Part 1  
(Flute, Oboe,  
Marimba)

Part 2  
(Flute,  
Bb Clarinet)

Part 3  
(Bb Clarinet,  
Eb Alto Sax  
Bb Trumpet)

Part 4  
(Bb Clarinet,  
Eb Alto Saxophone,  
Bb Trumpet)

Part 5  
(Bb Bass Clarinet, Bassoon  
Bb Tenor Saxophone,  
Eb Baritone Sasophone,  
Horn in F, Trombone,  
Euphonium, Tuba)

Perc. 1

Perc. 2

Rise Up Strong

E

35

Part 1  
(Flute, Oboe,  
Marimba)

Part 2  
(Flute,  
Bb Clarinet)

Part 3  
(Bb Clarinet,  
Eb Alto Sax  
Bb Trumpet)

Part 4  
(Bb Clarinet,  
Eb Alto Saxophone,  
Bb Trumpet)

Part 5  
(Bb Bass Clarinet, Bassoon  
Bb Tenor Saxophone,  
Eb Baritone Sasophone,  
Horn in F, Trombone,  
Euphonium, Tuba)

Perc. 1

Perc. 2



Rise Up Strong

54

Part 1  
(Flute, Oboe,  
Marimba)

Part 2  
(Flute,  
Bb Clarinet)

Part 3  
(Bb Clarinet,  
Eb Alto Sax  
Bb Trumpet)

Part 4  
(Bb Clarinet,  
Eb Alto Saxophone,  
Bb Trumpet)

Part 5  
(Bb Bass Clarinet, Bassoon  
Bb Tenor Saxophone,  
Eb Baritone Sasophone,  
Horn in F, Trombone,  
Euphonium, Tuba)

Perc. 1

Perc. 2

*mf* *f* *f*

*mf* *f* *f*

*f* *mf* *f*

*f* *f*

*mf* *f* *f*

*mf* *f* *f*

Detailed description: This is a page of a musical score for the piece 'Rise Up Strong', page 8. The score is arranged in a system of seven staves. The top three staves (Parts 1, 2, and 3) are in treble clef, while the bottom three staves (Parts 4, 5, and Percussion) are in bass clef. Part 1 (Flute, Oboe, Marimba) starts with a rest and then plays a melodic line with a dynamic range from *mf* to *f*. Part 2 (Flute, Bb Clarinet) plays a rhythmic pattern of eighth notes, starting at *mf* and reaching *f*. Part 3 (Bb Clarinet, Eb Alto Sax, Bb Trumpet) plays a similar rhythmic pattern, also starting at *mf* and reaching *f*. Part 4 (Bb Clarinet, Eb Alto Saxophone, Bb Trumpet) plays a melodic line with a dynamic range from *f* to *f*. Part 5 (Bb Bass Clarinet, Bassoon, Bb Tenor Saxophone, Eb Baritone Sasophone, Horn in F, Trombone, Euphonium, Tuba) plays a bass line with a dynamic range from *f* to *f*. Perc. 1 (Percussion 1) plays a rhythmic pattern of eighth notes with a dynamic range from *mf* to *f*. Perc. 2 (Percussion 2) plays a rhythmic pattern of eighth notes with a dynamic range from *mf* to *f*. The score includes various musical notations such as accents, slurs, and dynamic markings.

Rise Up Strong

59

Part 1  
(Flute, Oboe,  
Marimba)

Part 2  
(Flute,  
Bb Clarinet)

Part 3  
(Bb Clarinet,  
Eb Alto Sax  
Bb Trumpet)

Part 4  
(Bb Clarinet,  
Eb Alto Saxophone,  
Bb Trumpet)

Part 5  
(Bb Bass Clarinet, Bassoon  
Bb Tenor Saxophone,  
Eb Baritone Sasophone,  
Horn in F, Trombone,  
Euphonium, Tuba)

Perc. 1

Perc. 2

**G**

*f* *ff*

*f* *ff*

*f*

## Rise Up Strong

64

Part 1  
(Flute, Oboe,  
Marimba)

Part 2  
(Flute,  
Bb Clarinet)

Part 3  
(Bb Clarinet,  
Eb Alto Sax  
Bb Trumpet)

Part 4  
(Bb Clarinet,  
Eb Alto Saxophone,  
Bb Trumpet)

Part 5  
(Bb Bass Clarinet, Bassoon,  
Bb Tenor Saxophone,  
Eb Baritone Sasophone,  
Horn in F, Trombone,  
Euphonium, Tuba)

Perc. 1

Perc. 2

*f* *ff* *f* *ff* *f* *ff* *f* *ff*

Detailed description: This page of a musical score, titled 'Rise Up Strong', contains measures 64 through 71. It features seven staves. Staves 1-5 are woodwind parts: Part 1 (Flute, Oboe, Marimba), Part 2 (Flute, Bb Clarinet), Part 3 (Bb Clarinet, Eb Alto Sax, Bb Trumpet), Part 4 (Bb Clarinet, Eb Alto Saxophone, Bb Trumpet), and Part 5 (Bb Bass Clarinet, Bassoon, Bb Tenor Saxophone, Eb Baritone Sasophone, Horn in F, Trombone, Euphonium, Tuba). Staves 6 and 7 are Percussion 1 and Percussion 2. The score includes dynamic markings of *f* (forte) and *ff* (fortissimo) across various measures. The woodwinds play melodic lines with accents, while the percussion provides a rhythmic accompaniment. The page concludes with a double bar line at the end of measure 71.









Rise Up Strong

2

F

47

mf f

*tr*

Musical staff 47-53: Treble clef, 4/4 time. Measures 47-53. Dynamics: *mf* (measures 47-50), *f* (measures 51-53). Articulation: accents (>) on notes in measures 51-53. Trills (*tr*) above notes in measures 51-53.

54

mf f f

*tr*

Musical staff 54-58: Treble clef, 4/4 time. Measures 54-58. Dynamics: *mf* (measures 54-55), *f* (measures 56-58). Articulation: accents (>) on notes in measures 56-58. Trills (*tr*) above notes in measures 56-58.

59

f ff

G

*tr*

Musical staff 59-64: Treble clef, 4/4 time. Measures 59-64. Dynamics: *f* (measures 59-62), *ff* (measures 63-64). Articulation: accents (>) on notes in measures 59-64. Trills (*tr*) above notes in measures 63-64. Chord symbol G in a box above measure 62.

65

f ff

Musical staff 65-70: Treble clef, 4/4 time. Measures 65-70. Dynamics: *f* (measures 65-68), *ff* (measures 69-70). Articulation: accents (>) on notes in measures 65-70.

# Rise Up Strong

Amy Dunker

♩ = 108

Musical notation for measures 1-5. Includes dynamic markings *f*, *mf*, and *f*. Includes a trill ornament above measure 5. A box labeled 'A' is at the end of the line.

Musical notation for measures 6-12. Includes dynamic markings *f* and *f*. Includes trill ornaments above measures 7 and 8. A box labeled 'A' is at the end of the line.

Musical notation for measures 13-20. Includes dynamic markings *f* and *ff*. Includes trill ornaments above measures 14 and 15. A box labeled 'B' is at the beginning of the line.

Musical notation for measures 21-28. Includes dynamic markings *f* and *mf*. A box labeled 'B' is at the beginning of the line.

Musical notation for measures 29-36. Includes dynamic marking *mf*. A box labeled 'C' is at the beginning of the line.

Musical notation for measures 37-44. Includes dynamic marking *mp*. A box labeled 'D' is at the beginning of the line.

Musical notation for measures 45-48. Includes dynamic markings *mp* and *mf*. Includes a triplet of eighth notes in measure 45. A box labeled 'E' is at the beginning of the line.

Musical notation for measures 49-56. Includes dynamic marking *f*. Includes a trill ornament above measure 49. A box labeled 'F' is at the beginning of the line.

Rise Up Strong

The musical score consists of three staves of music in treble clef. The first staff begins at measure 54 and features a melodic line with a series of eighth notes, followed by a half note with a fermata, and then a series of eighth notes. Dynamic markings include *mf* and *f*. The second staff begins at measure 60 and includes a guitar chord symbol 'G' above the staff. It features a melodic line with a series of eighth notes, followed by a half note with a fermata, and then a series of eighth notes. Dynamic markings include *f* and *ff*. The third staff begins at measure 65 and features a melodic line with a series of eighth notes, followed by a half note with a fermata, and then a series of eighth notes. Dynamic markings include *f* and *ff*. The score is marked with various dynamics: *mf* (mezzo-forte), *f* (forte), and *ff* (fortissimo). There are also accents (>) and fermatas (⌣) throughout the piece.



Rise Up Strong

52

*f* *mf*

56

*f*

61

G

*f*

66

*ff*





Rise Up Strong

**F**

Musical staff for section F, measures 52-54. The staff begins with a whole rest, followed by a series of eighth notes with accents and slurs. The dynamic marking *f* is present below the staff.

Musical staff for section F, measures 55-57. The staff contains sixteenth-note runs with accents and slurs. The dynamic marking *mf* is at the start, and *f* is at the end.

Musical staff for section F, measures 58-61. The staff features eighth-note runs with accents and slurs. The dynamic marking *f* is at the start.

**G**

Musical staff for section G, measures 62-66. The staff begins with a whole rest, followed by sixteenth-note runs with accents and slurs. The dynamic marking *f* is at the start, and *ff* is at the end.

Musical staff for section G, measures 67-70. The staff contains quarter notes with accents and slurs, ending with a long note with a fermata. The staff concludes with a double bar line.



Rise Up Strong

G

60

*f*

Musical staff 60-64: Treble clef, key signature of one sharp (F#). Measure 60 starts with a dynamic marking of *f*. The staff contains a series of eighth notes with accents (>) and a fermata over the final note of the staff. A double bar line is present at the end of the staff.

65

*ff*

Musical staff 65-69: Treble clef, key signature of one sharp (F#). Measure 65 starts with a dynamic marking of *ff*. The staff contains a series of eighth notes with accents (>) and a fermata over the final note of the staff. A double bar line is present at the end of the staff.

# Rise Up Strong

Amy Dunker

$\text{♩} = 108$

3

*f* *f*

8

*f*

13

*ff*

19

*ff* *mf*

25

6 7 *mp*

43

5 *f*

53

*f* *f*

A B C D E F

Rise Up Strong

59

Musical staff 59: Treble clef, starting with a whole rest. The melody begins with a quarter note G4 (sharp), followed by quarter notes A4 (sharp), B4 (sharp), and C5. The next measure contains quarter notes D5, E5, and F5. The final measure contains quarter notes G5, A5, and B5, with a slur over the last two notes. Dynamics include a forte (*f*) marking under the first note and accents (>) over the notes in the second and third measures.

G

Musical staff 60: Treble clef, starting with a quarter note G4 (sharp). The melody consists of a series of eighth notes: A4 (sharp), B4 (sharp), C5, D5, E5, F5, G5, A5, B5, C6, D6, E6, F6, G6, A6, B6, C7. The final measure contains a quarter note G6 (sharp) with a slur over it. Dynamics include a fortissimo (*ff*) marking under the first measure and accents (>) over every note.

67

Musical staff 67: Treble clef, starting with a quarter note G4 (sharp), followed by quarter notes A4 (sharp), B4 (sharp), and C5. The next measure contains quarter notes D5, E5, and F5. The final measure contains quarter notes G5, A5, and B5, with a slur over the last two notes. Dynamics include accents (>) over the notes in the first three measures and a fortissimo (*ff*) marking under the first note of the final measure.

# Rise Up Strong

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$\text{♩} = 108$

*f*

**A**

8

**B**

14

*ff* *ff*

**C**

21

*f* *mp* *mf*

**D** **E**

29

*mp*

**F**

41

*mp* *mf*

50

*f* *f*

Rise Up Strong

57

Musical staff 57-63: Treble clef, key signature of one sharp (F#). The staff contains a sequence of notes with accents (>) and slurs. A circled 'G' is positioned above the final measure of this staff.

64

Musical staff 64-70: Treble clef, key signature of one sharp (F#). The staff begins with a series of sixteenth-note runs, followed by notes with accents and slurs. A dynamic marking of *ff* (fortissimo) is placed below the staff. The piece concludes with a double bar line.

# Rise Up Strong

Amy Dunker

♩ = 108

8 **A**

14 **B**

21 **C**

29 **D** **E**

41 **F**

50



Rise Up Strong

G

57

Musical staff 1: Treble clef, key signature of one sharp (F#), starting at measure 57. The staff contains a series of notes with accents and slurs, ending with a double bar line.

64

Musical staff 2: Treble clef, key signature of one sharp (F#), starting at measure 64. The staff contains a series of notes with accents and slurs, ending with a double bar line.

*ff*

Part 5  
(Bassoon,  
Trombone,  
Euphonium,  
Tuba)

# Rise Up Strong

Amy Dunker

♩ = 108

Musical score for Part 5 of 'Rise Up Strong', featuring Bassoon, Trombone, Euphonium, and Tuba. The score is in 4/4 time with a tempo of 108 beats per minute. It consists of six systems of music, each with a key signature of one flat and a bass clef. The score includes various dynamics such as *f*, *ff*, *mp*, and *mf*, as well as articulation marks like accents and slurs. Rehearsal marks A through F are placed at the beginning of specific measures. The score includes several triplet markings (3) and fingering numbers (2, 5). The piece concludes with a final *f* dynamic.

Rise Up Strong

G

58

Musical notation for measures 58-63. The staff is in bass clef. Measure 58 starts with a bass line of quarter notes: G2, A2, B2, C3. Measure 59 has a bass line of quarter notes: D3, E3, F3, G3. Measure 60 has a bass line of quarter notes: A3, B3, C4, D4. Measure 61 has a bass line of quarter notes: E4, F4, G4, A4. Measure 62 has a bass line of quarter notes: B4, C5, D5, E5. Measure 63 has a bass line of quarter notes: F5, G5, A5, B5. There are various articulation marks like accents and slurs throughout.

64

Musical notation for measures 64-69. The staff is in bass clef. Measure 64 has a bass line of eighth notes: G2, A2, B2, C3, D3, E3, F3, G3. Measure 65 has a bass line of eighth notes: A3, B3, C4, D4, E4, F4, G4, A4. Measure 66 has a bass line of eighth notes: B4, C5, D5, E5, F5, G5, A5, B5. Measure 67 has a bass line of eighth notes: C6, D6, E6, F6, G6, A6, B6, C7. Measure 68 has a bass line of eighth notes: D7, E7, F7, G7, A7, B7, C8, D8. Measure 69 has a bass line of eighth notes: E8, F8, G8, A8, B8, C9, D9, E9. There are various articulation marks like accents and slurs throughout. A dynamic marking *ff* is present below the staff.

# Rise Up Strong

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♩ = 108

5

9

13

58

62

66

*f*

*f*

*ff*

*mf* *f*

*f*

*ff*

A

B

C

D

E

F

G

# Rise Up Strong

Amy Dunker

♩ = 108

Musical staff 1: Bass drum notation, measures 1-5. Dynamic: *f*.

Musical staff 2: Bass drum notation, measures 6-10. Dynamic: *f*.

Musical staff 3: Bass drum notation, measures 11-15. Includes dynamic markings *f* and *ff*. Section markers A, B, and C are present above the staff.

Musical staff 4: Bass drum notation, measures 16-20. Includes dynamic markings *mf* and *f*. Section markers D, E, and F are present above the staff.

Musical staff 5: Bass drum notation, measures 21-25. Dynamic: *f*. Section marker G is present above the staff.

Musical staff 6: Bass drum notation, measures 26-30. Dynamic: *f*.