

Tim Boffeli, Ph.D.

Psychology Department
221 Catherine Byrne Hall
Clarke University
Dubuque, IA 52001

(563)588-6442 (office)
tim.boffeli@clarke.edu

Professional Credentials

Licensed Mental Health Counselor, Iowa License #00025
Expires: 09/2018
Achieved: 12/1992

Education

Doctor of Philosophy in Psychology 2007
Specialization in Educational Psychology
Capella University, Minneapolis, MN
Doctoral Dissertation: *College Students' Personal Epistemological Beliefs as Factors in Academic Procrastination.*
Advisor: Hilda Glazer, Ed.D.

Master of Arts in Applied Psychology 1986
Emphasis in Clinical and Counseling
Loras College, Dubuque IA
Master's Thesis: *Consistency of Maternal Perceptions between Neonatal and Two Year Temperamental Ratings.*
Advisor: Stephen C. Milliser, Ph.D.

Bachelor of Arts in Psychology and Sociology 1983
Magna Cum Laude
Loras College, Dubuque, IA

Teaching & Administrative Experience

Clarke University, Dubuque, IA
Associate Professor/Chairperson: Psychology Department 08/2003 - Present
(promotion and tenure in fall 2010)
Adjunct Instructor 06/1993 - 08/2003

Departmental Responsibilities:
Provide leadership for the Psychology Department, Curriculum development and program evaluation, Program budget management, Considerable time spent with student recruitment, retention, and advising, and Faculty evaluation and development.

University Responsibilities:
-Common Good Subcommittee of Compass Committee 2015 - present
- Academic Advising Committee 2009 - present
- Department Chairs Committee 2003 - present

- Meneve Dunham Award for Excellence in Teaching Committee 2004, 2006, 2008, 2009, 2016
- General Education Advisory Committee 2006 - 2014
- McElroy Fellowship Committee 2008, 2011, 2012, 2013, 2014, 2015
- Higher Learning Commission (HLC) Steering and Subcommittee (Co-Chair) for Criterion IV: Teaching and Learning – Evaluation and Improvement 2011 - 2013
- Crisis Management & Chair of Subcommittee 2007 - 2009

Courses taught:

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| PSYC 111 Introductory Psychology (lecture & hybrid) | PSYC 112 Introductory Psychology II |
| PSYC 221 Abnormal Psychology (lecture & hybrid) | PSYC 224 Social Psychology |
| PSYC 231 Behavior Modification (lecture & hybrid) | PSYC 252 Healthy Personality (co-taught lecture) |
| PSYC 261 Psychology Sex & Gender (hybrid) | PSYC 281 Human Motivation |
| PSYC 330 Theories of Counseling & Psychotherapy (lecture & hybrid) | PSYC 320 Social Science Research Methods (co-taught lecture & online) |
| PSYC 350 Helping Skills | PSYC 381 Personality |
| PSYC 471 Cognitive Psychology (lecture & online) | PSYC 499 Capstone: Psychology Research |

Northeast Iowa Community College, Peosta, IA
Psychology Instructor

08/1988 - 05/1993

Courses taught:

82:101 Psychology of Human Relations 82:110 General Psychology

Clinical Experience

Licensed Mental Health Counselor
Gannon Center for Community Mental Health
Dubuque, IA

07/1989 - 08/2003
(licensed 12/1992)

Responsibilities:

Intake/diagnostic assessments, Individual and couples counseling, Crisis and emergency intervention in the office and in the field, Psychological/functional ability evaluations: Social security disability, Psychoeducational programs for individuals with persistent mental illness, Community consultation and education, and Supervision of graduate and undergraduate students.

Day Treatment Coordinator
Gannon Center for Community Mental Health
Dubuque, IA

08/1984 - 02/1990

Responsibilities:

Coordinated program planning and oversaw implementation of programs in the day treatment setting; four to six staff and 50-80 clients (persistently mentally ill adults), Completed and managed paperwork for fiscal reimbursement, primarily Title XIX, Supervised program budget, Oversaw completion of documentation and treatment plans for clients, Facilitation of psychosocial groups for clients, and Supervised graduate and undergraduate students.

Case Manager
Gannon Center for Community Mental Health
Dubuque, IA

03/1983 - 08/1984

Responsibilities:

Individual counseling and treatment plan development, Interagency case facilitation, Crisis intervention, Instructed clients in independent living skills, Home visits to supervise medication compliance, and Organized and facilitated social support groups.

Presentations and Interdepartmental Lectures

Cognitive-Behavioral Treatment of Mood Disorders (Invited speaker) Spring 2016

Loras College: Diagnosis & Treatment Planning graduate course (1 hour)

Personal Strategy from a Psychological Perspective Spring 2016
Young Professionals Dubuque (Chamber of Commerce) (1 hour)
(invited speaker)

Psychological Analysis of So B. It: A Novel Spring 2016
Eleanor Roosevelt Middle School 7th Grade
(1 hour) (Invited Speaker)

Abnormal Psychology Spring 2016
Wahlert Catholic High School
(Six 90 minutes lectures)

Overcoming Fear Avoidance Behaviors (invited speaker) Fall 2015
Clarke University: Primary Care in Physical Therapy graduate course (3 hours)

Becoming More Than My Trauma Fall 2015
Clarke University : Faith & Holistic Development course

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| Consciousness (invited speaker) Clarke University Admissions Event for Admitted Students (1 hour) | Fall, 2015, Spring 2014 |
| When Life Bites Become Immortal TEDxDubuqueED (invited speaker) Loras College | Spring 2015 |
| Fear Avoidance Behaviors (invited speaker) Iowa Physical Therapy Student Conclave, University of Iowa (1 hour) | Spring 2015 |
| Psychological Resilience Clarke University: Positive Psychology course | Spring 2015, Fall 2012 & 2010 |
| Abnormal Psychology Western Dubuque High School Psychology classes (1.5 to 2 hours) | Spring 2015, 2012 & 2011 Spring & Fall 2010 & Spring & Fall 2009 |
| Depression and Suicide Assessment plus Cognitive Behavioral Treatments Associated with PT Compliance and Noncompliance Clarke University: PT Management 2 graduate course (2 hours) | Fall 2014 |
| Posttraumatic Stress Disorder (invited speaker) Clarke Student Organization: Speak (1 hour) | Spring 2014 |
| Sports Psychology: Cognitive, Behavioral, and Emotional Athletic Enhancement (multiple 1 hour presentations) Clarke University: Men and Women Bowling Teams | Spring 2014 & Fall 2013 |
| On Being a Damaged Catholic Clarke University: Faith and Doubt course | Fall 2013, 2012, 2011 & 2010 |
| Panel discussion on Mind, Body, Heart and Soul (invited speaker) Young Professionals Dubuque (Chamber of Commerce) (1 hour) | Spring 2013 |
| Understanding Persistent Mental Illness and Fundamental Intervention Techniques (invited speaker) Dept. of Correctional Services: Dubuque Correctional Facility continuing education training (2 hours) | Fall 2012 |

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| Just Wait! – Overcoming Procrastination (invited speaker) Clarke University Development & Educational Series: Your Best U (1 hour) | Spring 2012 |
| Staving Off Compassion Fatigue Illinois Association for Marriage and Family Therapy annual conference (1.5 hours) | Spring 2012 |
| Stress-Less (invited speaker) Dubuque Community School District: Professional Learning Day for Administrative Assistants and Secretaries (2 hours) | Spring 2012 |
| Staving Off Compassion Fatigue (invited speaker) Mercy Medical Center: Maternal/Child Unit team (administration & nurses) continuing education training (two sessions/two groups for 2 hours). | Spring 2012 |
| Demystifying PTSD-Seeing Through the Horror-Part II (invited speaker) Iowa KidsNet: Foster & Adoptive Parent continuing education training (December: 2 hours) | Fall 2011 |
| Demystifying PTSD-Seeing Through the Horror-Part I (invited speaker) Iowa KidsNet: Foster & Adoptive Parent continuing education training (November: 2 hours) | Fall 2011 |
| Consciousness: How to help or hurt your mind. Clarke University: Admissions Dept/Mock Class for Chicago-Rockford Bus Trip (1 hour) | Fall 2011 & 2010 |
| Taking Care of the Caregiver (invited speaker) Dubuque Community School District: In-service Training for School Counselors (2 hours) | Fall 2011 |
| Staving Off Compassion Fatigue (invited speaker) Clarke University: Joy of Caring: Nurturing Compassionate Hearts (Parish Nursing Conference) (1.25 hours) | August 2011 |
| Compassion Fatigue & Resilience (invited speaker) 2011 Pastors' Summit "Called to Care" (keynote speaker) Wesley Nurse Health Ministries (1.5 hours) Methodist Healthcare Ministries of South Texas, Inc. San Antonio, TX | Spring 2011 |

Book/Chapter Reviews

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| Western Schools: Pilot study/textbook review of Daly, Hildenbrand, & Brown, ADHD in Children and Adolescents (entire book) | Spring 2016 |
| Pearson: Nevid, Rathus, & Greene, Abnormal Psychology in a Changing World, 9th ed. (2 chapters) | Summer 2015 |
| McGraw-Hill: Feist & Rosenberg's Psychology: Perspectives and Connections, 2nd ed. (1 chapter) | Spring 2012 |
| Worth: Myers' Exploring Psychology, 9th ed. (1 chapter) | Spring 2012 |

Professional Affiliations

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| Society for the Teaching of Psychology, Member | 2010- present |
| Midwestern Psychological Association, Member | 2010- 2012, 2013-2016 |

Professional Activities

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| Doctor of Nursing Practice-Family Nurse Practitioner: Second Reader for 2 graduate students | Fall 2014 to present |
| Peer review of Kristin Wesner Ph.D. journal manuscript | Fall 2015 |
| PSΨ 5 Productions Company | Spring 2011-Fall 2013 |

Professional Continuing Education

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| Ethics in Mental Health Practice, Western Schools Home Study Course, 3.0 hours of CEUs. | Fall 2015 |
| Holistic and Complementary Therapies, Western Schools Home Study Course, 15.0 hours of CEUs. | Fall 2015 |
| Clinical Psychopharmacology, Western Schools Home Study Course, 10.0 hours of CEUs. | Fall 2015 |
| The Habits of Happy People Institute for Brain Potential, 6.0 hours of CEUs | Summer 2015 |
| Understanding Relationships Institute for Natural Resources, 6.0 hours of CEUs | Spring 2015 |
| His Health, Her Health Institute for Natural Resources, 6.0 hours of CEUs | Spring 2015 |
| Understanding Depression & Bipolar Disorder Institute for Natural Resources, 6.0 hours of CEUs | Spring 2015 |

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| American Psychological Association Annual Conference Washington DC, August 7-10, 24.0 hours of CEUs | Summer 2014 |
| Midwestern Psychological Association Annual Conference Chicago, IL, May 1-3 | Spring 2014 |
| Universal Design for Learning Clarke University Brown Bag (1 hour) | Spring 2014 |
| A Clinician's Guide to the DSM 5 Western Schools pilot study, 1 hour of CEU | Spring 2014 |
| Understanding The Gut Brain: Stress, Appetite, Digestion and Mood, Institute for Brain Potential, 6.0 hours of CEUs | Spring 2013 |
| Ethics for Counselors (#7772), CME Resource Home Study Course, 6.0 hours of CEUs. | Spring 2013 |
| Alzheimer's Disease (#9615), CME Resource Home Study Course, 10.0 hours of CEUs. | Spring 2013 |
| Counseling Unemployed Clients (#7693), CME Resource Home Study Course, 2.0 hours of CEUs. | Spring 2013 |
| Illinois Association for Marriage and Family Therapy annual conference: Building Bridges for Families, 18.0 hours of CEUs. | Spring 2013 |
| Evidence-Based Mental Health Practice, Western Schools Home Study Course, 10.0 hours of CEUs. | Fall 2012 |
| Ethical Issues in Clinical Supervision, Western Schools Home Study Course, 3.0 hours of CEUs. | Fall 2012 |
| Cognitive Therapy: Theory, Techniques, and Applications, Western Schools Home Study Course, 3.0 hours of CEUs. | Fall 2012 |
| Joy of Caring: Encountering Challenges (Parish Nursing Conference) Clarke University, 6.0 hours of CEUs | Summer 2012 |
| CLA in the Classroom: Performance Task Academy 101, Chicago, IL (2 day training) | Spring 2012 |
| Illinois Association for Marriage and Family Therapy annual conference: Nurturing Resilience, Strengthening the Family, 18 hours of CEUs. | Spring 2012 |
| Ten Ways to Improve Blended Course Design, Webinar: 90 min. | Spring 2012 |

Setting Expectations for Online Instructor Performance,
Webinar: 90 min.

Spring 2011

Special Awards

Meneve Dunham Award for Excellence in Teaching

2015

Clarke University Admissions: Impact Award

2014

Alliance for the Mentally Ill of Iowa: Most Outstanding
Community Support Worker for the State of Iowa

1989